

乒乓球 Ping Pong

乒乓是很好玩的运动,在世界上有很多人打,可是中国是乒乓最有名的地方,因为他们赢了差不多所有的奥运的奖牌。在中美还没有外交关系以前,中国没有很多对外交流,直到七十年代中国改革开放。这以前外国人不可以到中国去旅行。一九七一年在日本有乒乓球比赛。中国跟美国都参加了。球赛以后一些美国的队员收到来自中国政府的邀请,让他们到中国去。Nixon 总统就趁机认识了中国的主席统,然后建立了新的中美外交。这是世界上第一次运动外交成功。

为什么中国总是有最好的乒乓球队?因为中国有很严格的训练。中国国家队不要受伤的队员,他们总是通过考试看这个队员有没有天赋有没有天赋。才十二岁的孩子,只要有天赋,就可以成为全职的运动员而不再去学校。他们不停地练习基本技术,直到它成为你的一种本能。虽然这个练习系很没意思,可是很重要。每个队员都有一个陪练,每个陪练要学习别的国家队员的打法,然后跟这个队员练习系很多。因为比赛很激烈,所以每个队员都非常努力,然后他们可以参加中国乒乓国家队。

在美国乒乓没有在中国那么重要。美国人打乒乓是为了娱乐。除了打乒乓以外,美国人也喜欢打啤酒乒乓。在大学生的家会上大家常常玩儿啤酒乒乓。有两个队,然后每个队都有十个杯子。一个队首先尝试把一个乒乓球投到对方的杯子里。球放在被子里,别的队就用那个杯子喝啤酒。

我打乒乓是为了玩儿有时候打真的乒乓,有时候打啤酒乒乓。真的乒乓比啤酒乒乓更容易打,可是更好玩儿。如果我去中国留学,我希望有人可以教我怎么打得更好。

Ping pong is a very fun sport. There are a lot of people in the world who like to play it, but China is ping pong's most famous place because they won most of the Olympic medals for ping pong. Before China and the United States still have not had foreign relations, China did not have a lot of foreign communication until the 1970s when China started to reform. Foreigners were not allowed to travel to China. In 1971, Japan had a ping pong tournament. Both America and China participated. After the tournament, a couple of American players received an invitation from the Chinese government that allows them to travel to China. President Nixon then took the opportunity to meet with the Chinese Chairman, then establishing new diplomatic relations between the China and the United States. This is the first time sports diplomacy was successful.

Why does China always have the best ping pong teams? Because China has very strict training. China's national team does not want injured players, so they always take tests to measure players' talent. Only until they are 12 and as long as they have talent, the kids are allowed to become a full time athlete and no longer have to go to school. They incessantly practice basic techniques until it becomes instinct. Although it is very boring, it is very important. Each team member has a training partner, and each training partner also learns other country's national team players' styles of play, so they can practice a lot. Because the competition is so intense, every individual is very diligent so they can participate on the Chinese ping pong national team.

Ping pong in America is not as important as ping pong in China. American people play ping pong for fun, and along with ping pong, they also like to play beer pong. At college students' parties, everyone usually plays beer pong.

There are two teams and each team has 12 cups. Each team attempts to throw the ping pong ball into the cup. When the ball goes in the cup, the other team then uses the cup to drink beer.

I play ping pong for fun, sometimes real ping pong, sometimes beer pong. Real ping pong is easier to play than beer pong, but it is more fun to play. If I go to China to study abroad, I hope someone can teach me how to be better at ping pong.

Vocabulary List

奥运 Àoyùn- Olympics

奖牌 Jiǎngpái- medals

外交关系 Wàijiāo guānxì- foreign relations

交流 Jiāoliú- communication

改革 Gǎigé- reform

收到 Shōu dào- to receive

政府 Zhèngfǔ- government

总统 Zǒngtǒng- president

建立 Jiànlì- set up

基本 Jīběn- basic

技术 Jìshù- technique

成为 Chéngwéi- to become

本能 Běnnéng- instinct

陪练 Péiliàn- training partner

激烈 Jīliè- intense

娱乐 Yúlè- to entertain

啤酒 Píjiǔ- beer

投 Tóu- to throw