

華盛頓州的攀岩

在華盛頓州做攀岩很好。華盛頓州的地形很合適攀岩。很多華盛頓州的人喜歡攀岩。華盛頓州的人喜歡去三個斷崖。

Leavenworth 和 Index 有很多傳統的攀岩。Vantage 有很多的用螺栓的攀岩。Leavenworth 和 Index 的岩石是花崗石，Vantage 有玄武岩。我什麼斷崖都喜歡，可是我最喜歡 Index。我要說說這三個斷崖。中學的時候，我開始攀岩。我在柏克萊的斷崖攀岩。常常下課以後我從學校開車去柏克萊的斷崖。在大學，放假和周末的時候，我都去攀岩。

有四個形式的攀岩-傳統，螺栓，自由，和盤石的方式。自由攀岩是最可怕的。傳統攀岩最難。螺栓的攀岩不太難。盤石的攀岩最容易。

Index 和 Leavenworth 有很多傳統的攀岩。從學校開車去 Leavenworth 要三個小時。傳統的攀岩不用螺栓。Index 只是小的市鎮。Index 有一個飯店。Leavenworth 是比較大的市鎮。Leavenworth 是德國式的。飯店都賣德國菜，零售店也是德國式的。在 Leavenworth 攀岩以後，我很高興我還活著，我常去吃德國菜慶祝。我很喜歡德國菜。

很多普及灣的學生喜歡去 Vantage。從學校開車去 Vantage 要三個小時。Vantage 是這三個市鎮中最小的。Vantage 在一個沙漠，只有一個飯店和兩個加油站。在 Vantage 每天都不會下雨。Vantage 有很多的螺栓攀岩和傳統的攀岩。

Vantage 的傳統的攀岩很可怕。我常常跟很多的朋友去 Vantage。

攀岩石很有意思。每天攀岩的人都是很快樂的人。攀岩的人可以看到最美麗的風景。攀岩可以鍛鍊身體。我覺得攀岩是最好的運動！

Washington State's rock climbing is very good. The geography of the state is great for climbing. Lots of people from Washington enjoy climbing. Washington's climbers go to 3 main crags. Leavenworth and Index have traditional climbing. Vantage has a lot of sport/bolt climbing. Leavenworth and Index have granite while Vantage has basalt. I like all of the crags, but Index is my favorite. I will speak of the three crags. In high school, I began rock climbing. I started climbing at Berkeley. Often after school, I would drive to Berkeley after school and climb. At college, I climb during the weekends and during breaks.

There are 4 types of rock climbing, traditional, sport/bolt, free climbing, and bouldering. Soloing is the most dangerous. Traditional is the hardest. Sport is not too hard. Bouldering is relatively easy.

Index and Leavenworth have a lot of traditional climbing. Leavenworth is a 3 hour drive from school. Traditional climbing does not use bolts. Index is a small town. Index has one restaurant. Leavenworth is a small town, but it is not very small. Leavenworth is German styled. All the restaurants and stores are styled this way. After climbing at Leavenworth, I am happy to be alive and then eat German food. I like German food.

Lots of Puget Sound students like going to vantage. Vantage is a 3 hour drive from campus. Vantage is a tiny town. It never rains, Vantage is in the desert. Vantage has a restaurant and two gas stations. Vantage has a lot of sport climbing and traditional climbing. Vantage has dangerous traditional climbing. I often go to vantage with friends.

Rock climbing is very fun and meaningful. All climbers are very happy people. Rock climbers can be very beautiful. Rock climbing is a great way to get fit. I think rock climbing is the best form of exercise!

華盛頓州 hua2sheng4dun4zhou1 WA

攀岩 pan1yan2 rock climbing

地形 di4xing2 terrain

斷崖 duan4ya2 crag

傳統 chuan2tong3 traditional

螺栓 luo2shan1 bolt

岩石 yan2shi2 rock

花崗石 hua1gang1shi2 granite

玄武岩 xuan2wu3yan2 basalt

開始 kai1shi3 begin

自由 zi4you2 free

盤石 pan2shi2 boulder

市鎮 shi4zhen4 small town

式 shi4 style

零售店 ling2shou4dian4 shop

活著 huo2zhe alive

慶這 qing4zhu4 celebrate

沙漠 sha1mo4 desert

場所 chang3suo3 place

風景 feng1jing3