

柯若羽

我有很多的同学，其中很多不知道我是一个舞者。我什么舞都喜欢，可是我最爱的是国际标准舞。在美国，国标舞不如嘻哈舞，爵士舞和芭蕾舞流行，可是国标舞的竞赛得好看。我参加过国际舞比赛，要跳十支舞，其中五个是拉丁舞，还有五个是标准的国标舞。我觉得拉丁舞最好看。因为那个舞很挑逗性，那些高手的表演特别美。看高手的比赛帮助我自己跳舞，因为最好的舞蹈家是我的启发。

在比赛时，有跳舞拍档，技术指导，裁判和很多的观众。在美国，流行的电视秀常常引起社会的兴趣。流行的电视秀，比如 Dancing with the Stars 在我看来没有高质量的舞技，他们的步法很不好！我不喜欢看他们的演出。我比较喜欢看我的教练和他们的朋友跳舞。我的教练是俄罗斯人。在俄罗斯，国标舞极为流行。在那儿，有极大的竞赛跟数以百计的舞者参加比赛。他们练习很多才能成功。

跳国标跳舞不总是很辛苦。有时候，准备竞赛很好玩。我最爱竞赛舞妆的时尚。在竞赛时，我可以穿很奇怪很美丽的衣服。我和我的妈妈设计和缝我的竞赛的连衣裙子。这些衣服都有美丽的衣料，上面还有施华洛世奇水晶装饰。我的女技术指导，Elena，总是给我梳一个很漂亮的发型。我得化很美

的装，还让我的皮肤成为棕色！在台下看起来，好像奇怪。可是上台竞赛时，我看起来得完美。

Vocabulary List:

Wǔzhě	舞者	Dancer
guójìbiāozhǔn wǔ	国际标准舞	International Style Ballroom Dance
xīhā wǔ	嘻哈舞	Hip-hop Dance
juéshìwǔ	爵士舞	Jazz Dance
bālěiwǔ	芭蕾舞	Ballet
jìngsài	竞赛	competition
lādīngwǔ	拉丁舞	Latin Dance
tiǎodòuxìng	挑逗性	flirtatious/provocative
gāoshǒu	高手	expert
bǐsài	比赛	competition
wǔdǎojiā	舞蹈家	dancer
jìshùzhǐdǎo	技术指导	coach
guānzhòng	观众	spectators
cáipàn	裁判	judges
diànshìxiù	电视秀	TV Show
shèhuì	社会	society

xìngqù	兴趣	interest
gāozhìliàng	高质量	high quality
wǔjì	舞技	dance performance
yǎnchū	演出	performance
Éluósīrén	俄罗斯人	Russian (person)
Jídà	极大	maximum
Táixià	台下	off stage
Pífū	皮肤	skin
Shīhuáluòshìqíshuǐjīng		施华洛世奇水晶

### Swarovski Crystals

Chénggōng	成功	succeed
Cáinéng	才能	talent
Faxing	发型	hairstyle
Zhuāng	装	costume

### English:

I have a lot of classmates, many of whom don't know that I am a dancer. I like all kinds of dance, but my passion is ballroom dancing. In America, ballroom dancing, compared with hip-hop, jazz and ballet, is not that popular. I think ballroom has the best competitions. I compete in International Style Ten-Dance ballroom. I dance ten dances, five of which are latin style, and five of which are standard ballroom. No matter which of the ten it is, I love to dance it, but my favorite to watch are the latin dances. Because those dances are very flirtatious, watching the professionals is very fun because they put on a show. I like to watch the professionals because they inspire me to do better.

At competition, there are dance partners, coaches, judges, and a whole lot of spectators. In America, popular television shows sometimes pique public interest in

ballroom. Popular TV shows like Dancing with the Stars don't really have good quality dancing in my opinion. Footwork and technique are very bad! I don't like to watch those performances. Instead, I prefer to watch my coaches and their friends dance. My coaches are Russian. In Russia, ballroom is extremely popular. There, you will find enormous competitions, with hundreds of dancers competing in each heat. My coaches had to practice and work very hard for their success.

Ballroom dancing isn't always hard work, though. Sometimes, preparing for competition can be very fun. I really love competition fashion. At comp, I can wear strange and beautiful clothing I would never wear otherwise. My mother and I design and sew all of my competition dresses. They all are made of beautiful mixed fabrics and Swarovski crystal detailing. My coach, Elena, always gives me a very elegant hairdo the day of competition. I must also wear a lot of makeup, including a fake tan! It looks a little strange at first, but on the competition floor, I fit right in.