

## 我留學的時候吃的食物

我在蒙古的時候沒有胃口。我不喜歡羊肉，可是蒙古人都喜歡吃羊肉。我覺得蒙古烤肉很好吃，可是我只有一次吃蒙古烤肉。他們用筷子也用叉子。因為受到蘇俄的影響，蒙古人有時候吃俄國菜。很多蒙古人喜歡吃蘇俄的羅宋湯。這是一個俄國有名的湯。我在素齋飯館吃過羅宋湯。因為沒有羊肉我很喜歡！

在越南的時候，我和我同學常常去小吃攤吃東西。小吃攤的食物很便宜也很好吃。可是，我沒有告訴媽媽爸爸我每天吃小吃攤的食物。因為他們不讓我每天吃小吃攤的食物担

心我會生病。越南食物受到法國的影響。所以，越南的麵包跟法國麵包一樣好吃。我覺得越南最好吃的菜是“banh mi”。這是一種三明治。是用肉醬和法國麵包做的。

在中國的時候，我吃得很多。我每天吃中國菜。很多中國學生們看我吃。他們常常問我：你喜歡吃辣的菜嗎？美國人吃中國菜嗎？你能不能吃海鮮？她們也說：你用筷子用得很好！有時候我吃西餐。中國人用筷子，可是吃西餐的時候中國人用叉子。所以在比薩飯館有叉子。可是我吃比薩的時候我沒用叉子吃，我是用手吃比薩的。服務員斜著眼睛看我。

離開中國以後，我飛去日本。中國食物比日本食物辣多了，中國菜和日本菜我都喜歡吃。日本食物有很多海鮮。日本海鮮很好，可是在我吃不起壽司。太貴了！

## The Food of My Study Abroad Time

When I was in Mongolia I did not have much of an appetite. I don't like mutton, but Mongolians all love to eat mutton. I think Mongolian barbeque is good to eat, but I only ate it once.

Mongolians use chopsticks and forks. Because of Soviet Russia's influence, Mongolians sometimes eat Russian dishes. Many Mongolians like to eat borscht. This is a Soviet soup. I had it in a vegetarian restaurant. Because there was no mutton, I liked it!

While in Vietnam, my classmates and I often went to eat something at food stands. Food stands' food is very cheap and delicious. However, I did not tell my parents that I ate food stall food every day. (Because they think I would get sick, they would not let me eat food stall food every day.) Vietnamese cuisine has the influence of French cuisine. As such, Vietnamese bread is just as good as French bread. My favorite Vietnamese food is "banh mi." This is a sandwich.

While in China, I ate a lot. I ate Chinese food every day. Many Chinese students asked me: "Do you like to eat spicy food? Do Americans like Chinese food? Can you eat seafood?" They also said, "You can use chopsticks very well!" Sometimes I wanted to eat Western food. Chinese people use chopsticks, but when eating Western food, they use forks. Therefore, at pizza restaurants there are forks. But, when I ate pizza, I did not use a fork. It was with my hands that I ate pizza. The waitress looked at me with slanted eyes.

After I left China, I flew to Japan. Chinese food is spicy compared to Japanese food, but I like to eat Chinese and Japanese dishes. Japanese dishes have lots of sea food. Japanese seafood is good, but I cannot afford to eat sushi. It's too expensive!

Vocab:

蒙古 - Ménggǔ - Mongolia

胃口 - wèi kǒu - appetite

烤肉 - kǎoròu - barbeque

蘇俄 - Sū é - Soviet Russia

受到 - shòudào - receive

羅宋湯 - luó sòng tāng - borscht, a traditional beetroot soup (from Russia)

素齋 - sùzhāi - vegetarian

小吃攤 - xiǎochī tān - vendor's stall

擔心 - Dānxīn - worry

影響力 - yǐngxiǎng lì - influence

三明治 - sānmíngzhì - sandwich

肉醬 - ròujiàng - pâté

辣 - spicy

西餐 - xīcān - foreign food; Western food

叉子 - chāzi - fork

比薩 - bǐsà - pizza

著 - zhù - to make known

眼睛 - yǎnjīng - eye

離開 - líkāi - depart

壽司 - sushì - sushi