

寧靜的夢

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每天我漂移進入睡鄉。每天晚上我夢想。有一天晚上，我夢見我在飛。我高高在雲彩上。我什麼都看不到。只看到明亮的月亮和星星閃閃發光。然後我開始下降。我穿過雲層飛向下面的世界。我安全地到達地面。

我的赤腳踩到軟軟的草地上。我馬上覺得又舒服又自在。我發現正站在河流旁邊一座山下。我周圍的山上充滿了吉祥的藍綠色。我開始往山上走。看到白鶴在山中間飛翔。走路上山，看到一個老人。他坐在高高的樹枝上，好像是在打坐。

忽然，我站在森林的中間。樹木反映著陽光。我繼續上山。到達山頂的時候，可以清楚地看到紅色的夕陽。山在我的下面。我差不多和天空一樣高。我的眼睛慢慢地閉上。我又能感覺到我的床。我醒來時，快樂的笑容還留在我臉上。

Vocab List:

寧靜 níngjìng- serene

夢 mèng-dream

漂移 piāoyí- drift

進入 jìnrù-into/enter

睡鄉 shuìxiāng1-sleep

夢想 mèngxiǎng-dream

雲彩 yúncǎi-clouds

明亮 míngliàng-bright

星星 xīngxīng-star

閃閃發光 shǎnshǎnfāguāng-glisten

雲層 yúncéng-cloud layer

地面 dìmiàn-earth's surface

赤腳 chìjiǎo-barefoot

踩到 cǎidào-touch

軟 ruǎn-soft

草 cǎo-grass

自在 -zìzài-at ease

發現 fāxiàn-discover

河流 héliú-river

周圍 zhōuwéi-vicinity

充滿 chōngmǎn-filled with

吉祥 jíxiáng-auspicious

白鶴 báihè-crane

飛翔 fēixiáng-soar

樹枝 shùzhī-branch

打坐 dǎzuò-meditating

忽然 hūrán-suddenly

森林 sēnlín-forest

樹木 shùmù-general trees

反映 fǎnyìng-reflect

陽光 yángguāng-sunshine

繼續 jìxù-continue

山頂 dǐng-peak

清楚 qīngchū-clear

夕陽 xīyáng-sunset

閉上 bìshàng-close

醒來 xǐnglái-wake

笑容 xiàoróng-smile

Serene Dream

Every day I drift into sleep. Every night I dream. One night, I dreamt I was flying. I was high above the clouds. I wasn't able to see anything. Then I began to descend. The moon was bright and the stars were shining. I plunged through the clouds and floated toward the world below. I safely reached the ground's surface.

My bare feet touched the soft grass. I immediately felt comfortable and at ease. I am standing at the base of a mountain next to a river. The mountains around me seem to be auspicious blue-green. I start walking toward the mountains. I see a white crane soaring among the mountains. I walk up the mountain and see an old man. He is sitting in the branches of a tree, he seemed to be meditating.

Suddenly I am in the middle of the forest. The trees are reflecting the sun light. I continue to the top of the mountain. When I reach the mountains peak, I can clearly see the red sunset. The mountain is below me. I am about as high up as I was when I was in the sky. I slowly close my eyes. I am able to feel my bed again. I wake up with a happy smile on my face.